**2024 REGION 9 GYMNASTICS CHAMPIONSHIPS**

**April 6-7th, 2024**

**Final schedule included at the bottom of the packet!!**

#### Host Club and Venue: Meet Director:

#### Air Force Academy Mark Bogoger

#### Cadet Gymnasium

#### Colorado Springs, CO 80840 Meet Coordinator:

####  Lori Marchando

#### Airports

#### (1 ½ hours from the venue): (45 minutes from the venue):

#### Denver International Airport Colorado Springs Airport

#### 8500 Peña Blvd 7770 Milton E Proby Pkwy

#### Denver, CO 80249 Colorado Springs, CO 80916

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 **Host Hotels:**

 **Drury Inn & Suites Colorado Springs**

 1170 Interquest Pkwy, Colorado Springs, CO 80921

 719-598-2500 or 800-325-0720

 Thursday- 4/4/2024 - $125.00 (taxes and fees not included)

 Friday, Saturday, Sunday - 4/5/2024 to 4/7/2024 - $144.00 (taxes and fees not included)

 Last day to book with group rate: March 10, 2024

 BOOKING INFORMATION: Group # 10100261

 Click here to book

 Complimentary Hot Breakfast - Enjoy scrambled eggs, oatmeal, fresh fruit, potatoes, pastries, the all-

 important coffee and more. Hot, fresh, and, best of all, free. Free hot breakfast is served daily from

 6-9:30 a.m. on weekdays and 7-10 a.m. on weekends.

 Complimentary Evening Drinks and Snacks\* - Join us from 5:30 p.m. – 7:00 p.m. every evening to

 enjoy complimentary hot food and cold beverages at our 5:30 Kickback®. The Hotel features a

 rotating menu of hot food, beer, wine, mixed drinks and soft drinks.

 Complimentary Wi-Fi Throughout the Hotel

**SpringHill Suites Colorado Springs North/Air Force Academy**

1320 Republic Drive Colorado Springs, Colorado 80921

$139.00 per night (taxes and fees not included)

Free Breakfast, Free Parking

Last day to book with group rate: March 21, 2024

BOOKING INFORMATION: Men’s Regional Gymnastics Competition Group

Click here to book

**Holiday Inn Express**

7110 Commerce Center Drive- Colorado Springs, CO 80919

$129.00 (taxes and fees not included)

Free Breakfast, Free Parking

Last day to book with group rate: March 24, 2024

BOOKING INFORMATION: Men’s Regional Gymnastics Competition Group

Click here to book

**\*Room rates available until blocks are full, be sure to book your room today**

**\*Check with hotel for cancellation policy**

**Photography:**

Tentatively JKP Sports

**Apparel:**

Northwest Designs Ink will be doing all the apparel for the Championships!

**Entry Fee:**$160 per athlete ($175 for Technical Sequence athletes) due NO LATER than the conclusion of each State Championship. $50 late fee per athlete if not submitted by March 18th. There are no refunds for Regional entries.  One GYM check per club should be made out and MAILED to: ***Region 9 Men’s Gymnastics***, 1405 South Public Rd., Lafayette, CO 80026.

**Seniors:**
Please email a list of your Senior athletes to region9gymn@gmail.com no later than **March 10th** so that they can be recognized at the beginning of their session.

**Door entry:**

**$20 per session
Free for Kids under 2**

**Final Schedule**

## Friday

## Meet and Greet with Yul Moldauer at Drury Inn! (More details to come!)

## Saturday, April 6thSession #1 - Level 3s

## Open stretch: 8:00am

## March in: 8:20am

## Timed Warmups: 8:30am

## Awards: 10:30am

## Session #2 - Level 4s

## Open stretch: 10:30am

## March in: 10:50am

## Timed Warmups: 11:00am

## Awards: 1:00pm

## Session #3 - Level 5s

## Open stretch: 1:00pm

## March in: 1:20pm

## Timed Warmups: 1:30pm

## Awards: 4:00pm

## Session #4 - Level 6s and Tech Sequences

## Open stretch: 4:00pm

## March in: 4:20pm

## Timed Warmups: 4:30pm

## Awards: 8:00pm

## Region 9 Board and Coaching Staff MeetingImmediately following awards –

## THIS MEETING WILL INCLUDE INFORMATION ABOUT THE REGION REORGANIZATION SO ATTENDANCE IS STRONGLY ENCOURAGED!!

## Sunday, April 7th

## Session #5 - Level 7s and Platinums Open stretch: 8:00am

## March in: 8:20am

## Seniors and Academic All-American Recognition

## Timed Warmups: 8:40am

## Awards: 11:00am

## Session #6 – Level 8s and 9s

## Open stretch: 11:00am

## March in: 11:20am

## Seniors and Academic All-American Recognition

## Timed Warmups: 11:40am

## Awards: 2:30pm

## Session #7 – Level 10s

## Open stretch: 2:30pm

## March in: 2:50pm

## Seniors and Academic All-American Recognition

## Timed Warmups: 3:00pm

## Awards: 6:30pm