2024 NM Men’s State Championships!!!

Hosted by Eagle Ridge Gymnastics

March 8-10, 2024

**Date-**

March 8-10,2024

**Location-**

Eagle Ridge Gymnastics

581 Quantum Rd NE

Rio Rancho NM 87124

**Entry Fee-**

**$125/Athlete** ($150 for technical sequences)

payable to **“NM Men’s Gymnastics”**

mail check to Eagle Ridge Gymnastics

581 Quantum Rd NE

Rio Rancho NM 87124

**Due**-

payment deadline **February 15, 2024**

Please enter athletes through USAG online sanction number 89566 as soon as possible

Contact: Brandy Wood

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505-891-0632

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Tentative Schedule

The final schedule is going to be determined by overall numbers of athletes entered into each session.

Friday March 8, 2024

Session 1 Technical sequences

3:00 pm stretch

3:20 pm march in

3:30 pm warm up

5:30 pm competition concludes

Saturday March 9,2024

Session 2 Level 4-6

12:30 pm stretch

12:50 pm march in

1:00 pm warm up (modified capital cup)

4:30 pm awards

Session 3 Level 7-10

5:00 pm stretch

5:30 pm march in

5:40 pm warm up (modified capital cup)

9:30 pm awards

Sunday March 10, 2024

Session 4 Level 3

10:00 am stretch

10:20 am march in

10:30 am begin competition

1:30 pm awards